

ROUGH RIDER NEWS

ELECTRIC COOPERATIVE

FEBRUARY 2019

Roughrider line crews patrol power lines



PHOTO BY JORDAN BRAUN

This winter, line patrol continues with our linemen using snowmobiles when necessary.

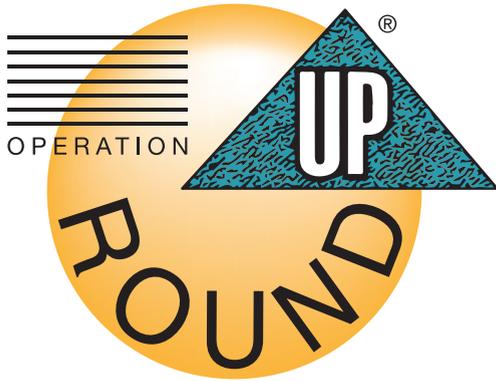


What's inside:

- **Operation Round Up** provides tourniquets for first-aid training
- **Consider serving Roughrider** as a board member
- **"I Will"** is Roughrider's culture of safety
- **Meeting minutes ... and more**

*This fall, Roughrider Lineman **Kaden Ficek** and Working Foreman Shawn Olson spotted a problem with a floater on a 7,200-volt phase line during patrol. Making sure technology is performing to the best of its ability is one way Roughrider Electric Cooperative works to strengthen its system.*

PHOTO BY SHAWN OLSON



Operation Round Up provides tourniquets that can help prevent injuries from turning fatal

BY DANIEL ARENS, HAZEN STAR

When a crisis occurs, emergency responders are notified. But there is often a period of time, ranging from a couple seconds to several minutes, before these responders can get to the scene of the crisis.

This is the reason proactive training is valuable. Most people are not EMTs, but if they understand basic life-saving techniques, their presence could help prevent a problem from becoming a fatality.

One example of this is uncontrolled bleeding. A program called “Stop the Bleed” helps provide basic information for people to help those who are wounded and facing potentially fatal blood loss.

In 2017, two Sakakawea Medical Center (SMC) care providers attended a conference on “Stop the Bleed” in Minot. Carl Miller, a certified registered nurse anesthetist, and Michael Schmit, a staff surgeon, came back to Hazen with a determination to put this program into action locally.

“We came back and started talking about it,” Miller said. “And we saw there are a lot of things in the county where there could be some kind of tragedy.”

The national (and international) impetus for this program lies in growing concerns about mass casualty situations, like terrorist attacks or shootings. However, there are many different ways beside these acts in which uncontrolled bleeding could prove fatal.

Miller pointed out that industry and agriculture, the two mainstays of the county’s economy, both provide the possibility of bleeding situations from machine injuries. “Stop the Bleed” could be used to help save lives in those areas, as well as in shootings.

Another aspect of the “Stop the Bleed” focus is the reintroduction of tourniquets as a method of blood compression. Tourniquets are special devices used to help control bleeding on arms or legs by putting compression above the wound, preventing blood from the rest of the body from reaching that wound.



PHOTO BY BRAD QUENETTE

For a long time, tourniquets have been frowned upon because of the risk of side-effects, most notably possible loss of the limb the pressure is applied to. However, Miller said use of the tourniquet is making a comeback, since even the possible loss of a limb is ultimately preferable to the loss of a life.

Part of the “Stop the Bleed” program involves providing tourniquets, as well as training on how to appropriately use them. In order to bring the devices into Mercer County, SMC reached out to Roughrider Electric Cooperative through the Operation Round Up program.

Operation Round Up is a program in which Roughrider members can choose to round up their electric bills to the next highest dollar. The donations pool in a Charitable Trust. The Operation Round Up board of directors then distribute the money in the form of grants to area people and groups who apply for the funds and are approved.

Roughrider awarded about \$1,800 to SMC for the purchase of tourniquets. In gratitude for the funds, Miller and Schmit did their first “Stop the Bleed” presentation in December for Roughrider Electric staff.

“We were at the point we wanted to start reaching out to the community,” Miller said. He added about 40 tourniquets

were able to be provided for the electric cooperative.

Before learning the ins and outs of blood control, there are a couple of steps that need to be done first. The program stresses the need for a person to first ensure his or her own safety before trying to help someone who is injured. Also, 9-1-1 should be dialed and emergency responders alerted.

Another important aspect is knowing what “life-threatening” bleeding means, and determining whether a specific situation has the potential to be lethal. Some ways of detecting uncontrolled bleeding include blood that is spurting or pooling on the ground, soaking through bandages, or causing confusion or unconsciousness to the victim.

At that point, the priority becomes ensuring as little blood as possible is lost from the wound.

“The more blood you can keep in the body, the more of a chance you can save them,” Miller said.

If tourniquets are not available or the bleeding is not on a limb, the wound can be packed with bleeding control material, with steady and direct pressure applied. Blood is first wiped away, then the wound packed with clean material.

Miller said it is preferable to use gauze or at least clean and sterile material to cover the wound, but also said any material can be used if nothing else is available, as again the potential side-effects are still preferable to the loss of life.

“It’s all about just having something with you that you can put onto or even in the wound,” he said.

During the presentation at Roughrider Electric in Hazen, Miller and Schmit provided enough tourniquets for most of the cooperative’s trucks, as well as one for each staff member who attended the presentation. The staff were able to open the tourniquets, with Miller and Schmit showing them how to put them on.



PHOTO BY DANIEL ARENS

*Sakakawea Medical Center physicians **Michael Schmit** (seated, back corner) and **Carl Miller** (standing) speak with Roughrider Electric Cooperative staff at a presentation Dec. 18. The purpose of the meeting was to teach basic methods for stopping uncontrolled bleeding while waiting for emergency providers to arrive.*

“I thought it was a great program,” Brad Quenette, member services manager with Roughrider Electric, said.

SMC is hoping to arrange outreach with other organizations whose members could benefit from learning basic bleeding control strategies.

In addition, Miller said he is considering possible community outreach where anyone from the public interested in learning more about stopping bleeding can receive basic information and training. He emphasized “Stop the Bleed” is primarily for the simple passer-by who happens to find himself or herself in a situation where someone’s life is threatened through loss of blood, and whose intervention can help keep the person alive until medical staff arrive.

“There’s lots of data showing, if bleeding is controlled, we can keep a non-fatal injury non-fatal,” Miller said.

“I’m grateful to the hospital for coming out and doing this for us,” Quenette said. “I just think it’s great to have the hospital in town here.” ■

SAFETY@ROUGH RIDER ELECTRIC.COM

Roughrider is an advocate of working safely. In fact, it is our way of life; the culture of your cooperative. We look out for the safety of ourselves and others — before, during and after work.

Did you know that members also play a key role in keeping our system safe? At times, you are our eyes in the sky and on the ground. Should you see a power line issue that may need Roughrider’s attention, please call the office or send us an email at safety@roughriderelectric.com with your concern. This correspondence should include the description of the location, your name and complete contact information, and a photo if possible. Working together helps ensure the safety of all!



Your Touchstone Energy® Cooperative 

Mark your calendars for the 2019 Annual Meeting

Roughrider Electric Cooperative will hold its annual meeting **Wednesday, June 5**, in Dickinson. Look for more information in upcoming issues of *North Dakota Living*.

Vote by mail 2019 Annual Meeting

In 2009, Roughrider Electric Cooperative's board of directors decided to offer the members the option of voting by mail. Ballots and instructions will be mailed prior to the annual meeting. Under the bylaws, no nominations are accepted from the floor at the annual meeting. A qualified member of Roughrider Electric Cooperative may become a candidate for election by being nominated by the Nominating Committee or by a petition submitted not less than 60 days before the meeting.

Mail-in ballots will only be sent to members upon request. To request a ballot, please contact Steve Hildebrand at 701-748-2293 or 800-748-5533 prior to May 10. You may also contact Steve at: shildebrand@roughriderelectric.com

TO: All Members
FROM: Donald A. Franklund and Travis M. Kupper, Alliance Co-General Managers
SUBJECT: Nomination Process

To comply with Rural Utilities Service requirements, we must provide each member with a summary of the bylaws on the nomination process prior to the nomination of candidates for board positions. The following is the bylaw section on nominations:

SECTION 4. Nominations.

- (a) A Nominating Committee shall be selected by the Board of Directors in time for its first meeting to be held before the annual meeting of members in 2009 and for each annual meeting of members thereafter. The Nominating Committee shall consist of an equal number of members from each of the Cooperative's Districts and a minimum of two members from each district shall be selected. No member of the Board of Directors may serve on the Nominating Committee. The Board of Directors shall establish rules for the conduct of and arrange for the meeting of the Nominating Committee. The Secretary shall notify the members of the Nominating Committee in the manner provided by Article II, Section 4 delivered at least fifteen days before the date set for the Committee meeting. From and after 2009, the Nominating Committee shall meet at least sixty days before the annual meeting of members to nominate at least one qualified candidate for each directorship for which there is a vacancy to be filled by a vote of the members. Upon conclusion of the meeting, the Nominating Committee shall cause a list of nominees for Directors to be posted at the principal office of the Cooperative.
- (b) By petition, any fifteen or more members of the same district acting together may make other nominations for each directorship in that district for which there is a vacancy to be filled by a vote of the members, provided the petition is filed with the Secretary not less than sixty days prior to the annual meeting of members. The Secretary shall cause to be posted such nominations at the same place where the list of nominations made by the committee is posted.
- (c) The Secretary shall cause to be mailed, with the notice of the annual meeting of members, or separately but at least fifteen days before the date of the meeting, a statement of the number of Directors to be elected and the names and addresses of the candidates, specifying separately the nominations made by the Nominating Committee and also the nominations made by petition, if any.
- (d) Unless voting by mail for directorships has been approved, the President, acting as Chairman of the meeting, shall invite additional nominations from the floor and nominations shall not be closed until a reasonable time has passed during which no additional nominations have been made. No member may nominate more than one candidate at any single annual meeting of members.

The Nominating Committee appointed by the board consists of **Gordon Ficek**, Dickinson; **Ivo Schoch**, New England; **Alan Kadrmas**, Dickinson; **Bruce Voegelé**, Beulah; **David V. Sadowsky**, Dickinson; **Robert Fitterer**, Golden Valley; **John Smith**, Beulah; **Lee Alderin**, Center; and **Robert Schmidt**, Center.

One committee meeting was held Jan. 25 in Hazen and another is scheduled for Feb. 22 in Dickinson.

If you have questions concerning nominations, feel free to contact anyone on the Nominating Committee or please call our office for information.

101 COOPERATIVES

Member-Owned, Member-Driven

WANTED ... YOU!



Roger Kudrna, president of the Roughrider board

- Consider serving on your cooperative's board of directors.
- Cooperatives: local ownership, local control, local governance.
- Cooperative board of directors: elected by cooperative members, representing members, overseeing work of the cooperative.
- Annual elections, among members of the cooperative, fill positions on the cooperative board of directors.
- Role of cooperative director: attend regular board meetings, review reports of cooperative progress, discuss and decide key cooperative matters with fellow directors.
- Learn, grow: many educational opportunities available for cooperative directors to acquire needed, valuable information.

A cooperative member should strongly consider running for the board of directors because they are the nicest group of people, and they have the opportunity to work together for the betterment of the members and their communities.

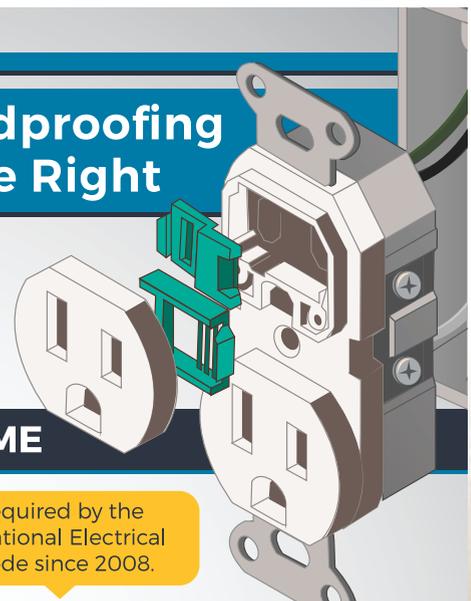
Visit www.roughrider.com and hover over "Your Cooperative" and click "Directors and Employees" to learn more about YOUR co-op.

TAMPER-RESISTANT RECEPTACLES

Childproofing Done Right



A study by Temple University found that **100%** of all 2-4 year olds were able to remove one type of plastic outlet cap **within 10 seconds**. Properly childproof your outlets by installing **Tamper-Resistant Receptacles**.



HOW TO PROPERLY CHILDPROOF YOUR HOME

 Tamper-Resistant Receptacles offer a permanent solution to outlet covers.

 Built-in shutters prevent foreign objects from being inserted into the outlet.

 Required by the National Electrical Code since 2008.

Report from **THE BOARD OF DIRECTORS** **DECEMBER 21, 2018**

When, where and who: The Board of Directors met in Hazen Dec. 21, 2018.

Agenda: The Board reviewed, added to and approved the meeting agenda.

Minutes of the previous meeting: The Board reviewed and approved the minutes of the Nov. 30, 2018, meeting.

Consent agenda: The Board reviewed, discussed and approved the consent agenda, including proposed membership applications, service connects and assignments, proposed cancellations of membership and requests for retirement of capital credit accounts.

Co-General Managers' report: Don Franklund and Travis Kupper presented the managers' report. Mr. Kupper provided the Board with an update on past meetings attended on behalf of the cooperative, including the Midwest annual meeting held in Denver, Colo., and the Western States Power Cooperative meeting. Mr. Kupper reported that Mr. Franklund was elected as a manager director to Western States Power Cooperative. Power plant security was a point of discussion, as were energy efficiencies under development and renewable energy development.

Nominating Committee names: The Board submitted their names for the Nominating Committee.

Chief Financial Officer report: Mr. Craigmile provided the Board with a summary of his written report.

Operations and Construction report: Mr. Bentz referred the Board to his written report. He provided the Board with updates on the Charlie Creek/4 Eyes 115 line, stating that repairs have been made that should take care of the problems that have been occurring.

Members Services/Key Account report: Mr. Hibl referred the Board to his written report.

Upcoming meetings: The next Board meeting was set for 9 a.m. MT on Jan. 25, 2019, at Roughrider's office in Dickinson, North Dakota.

Other business: There being no other business, upon motion made, seconded and unanimously carried, the meeting adjourned.

Roughrider Electric Cooperative offers members CONSERVATION AND ENERGY EFFICIENCIES INCENTIVES

Roughrider Electric Cooperative is continuing the conservation and energy-efficiency program. The incentives help you, the member, become more energy efficient.

The program for 2019 will include ground-source heat pumps and air-source heat pumps.

Members must buy and install qualifying systems between Jan. 1, 2019 and Dec. 31, 2019. The program for the heat pumps is for new installation or for replacement of a conventional heating system.

Roughrider Electric Cooperative personnel will check the

installation, and get the appropriate documentation and receipts. Once completed and approved, Roughrider Electric Cooperative will send a check directly to the member to help cover the purchase cost.

A maximum dollar amount has been set aside for the incentive program. The program will close when we meet this amount. Roughrider Electric reserves the right to cancel the program without further notice. One rebate allowed per member.

For more information, please contact Brad Quenette, director of member services, at 800-748-5533 or email bquenette@roughriderelectric.com.

Ground-Source Heat Pumps:
Required minimum efficiency

\$150 per ton with a maximum rebate of \$600
CLOSED LOOP: EER >= 14.1 COP >= 3.3
OPEN LOOP: EER >= 16.2 COP >= 3.6

Air-Source Heat Pumps:
Required minimum efficiency

\$100 per ton with a maximum rebate of \$400
HSPF >= 8.2 EER >= 12 SEER >= 14.5

“**PERFORM** my
job safely always!”

— Journeyman Lineman Brad Martell

i will  **PERFORM
ACCOUNT
COMMIT
ENGAGE**

NDARECs
North Dakota Association of Rural Electric Cooperatives

PERFORM

my job safely always

ACCOUNT

for my actions and those taken by my crew

COMMIT

to speaking up, and responding
to reported hazards

ENGAGE

in job briefings, focus on the task at hand
and take the time to do it safely, always!

ROUGH RIDER
ELECTRIC COOPERATIVE

Your Touchstone Energy® Cooperative 

2-1-1 HELPLINE

FirstLink's **2-1-1 helpline** is a free phone service available 24/7 to the public. Call specialists offer supportive, non-judgmental listening ears and information about community programs statewide.

Text your zipcode to 898-211 or **Dial 2-1-1** or **701-235-7335** to get connected to help & hope.

MYFIRSTLINK.ORG



www.roughriderelectric.com

HAZEN OFFICE
701-748-2293 or 800-748-5533
800 Highway Dr., Hazen, ND 58545
7:30 a.m. – 4:00 p.m. CST Monday-Friday

Payments may be deposited in the deposit box by Roughrider Electric's main office entrance or in the drop boxes located at Krause's Super Valu in Hazen or Bronson's Super Valu in Beulah.

DICKINSON OFFICE
701-483-5111 or 800-627-8470
P.O. Box 1038, 2156 4th Ave. E.
Dickinson, ND 58602
7 a.m. – 4 p.m. MST Monday-Friday

Payments may be deposited in the deposit box west of Roughrider Electric's main office entrance or in the drop boxes located at Dickinson City Hall, or the west and south locations of Family Fare supermarkets.

OFFICERS AND DIRECTORS

Roger Kudrna, President; Dickinson483-8377
Darell Herman, Vice President; Beulah873-4371
Troy Sailer, Secretary; Golden Valley948-2427
Bruce Darcy, Treasurer; Golden Valley983-4222
William Retterath; Center794-8729
Arnold Kainz; Dickinson483-8207
Dan Price; Hensler794-3779
Greg Steckler; Dunn Center548-8122
Callen Schoch; New England579-4395

MANAGEMENT

Don Franklund Co-GM/CEO
Travis Kupper Co-GM/CEO



Holiday closing for Presidents Day: Monday, Feb. 18

In observance of Presidents Day, Roughrider Electric Cooperative will be closed Monday, Feb 18. Line crews will be available in case of an emergency outage.

HAPPY VALENTINE'S DAY

THURSDAY, FEB. 14



Become a fan of Roughrider Electric Cooperative to learn timely co-op news!

facebook.com/RoughriderElectric
twitter.com/RoughriderCoop